

Learning Excellence

By Michael Griffin

Online Training Course

Target audience: Senior Secondary Students, Teachers

Learning Excellence explores the known factors that lead to exceptional learning. The course consists of six videos, total viewing time 75 minutes, and 16 supporting activities to reflect upon and consolidate the learning, suggested time 4.5 hours.

Control your time constraints with self-paced online-on-demand learning. Access anytime, anywhere. Seamless in design, simple to navigate, quality content.

Description

A good deal of evidence suggests that becoming excellent in something is in the reach of so-called ordinary people who have the motivation, the learning and practice behaviours, the time, and the character, including a determined persistence, to see it through. Presented in a student-friendly manner, this course will assist students to be proactive in their pursuit of improvement.

Participants will learn

- How people get good at things.
- Intrinsic motivation; goals.
- Learning and the brain.
- How to make your brain smarter.
- The neuroscience of repetition.
- The magic of myelin.
- Problems with repetition, how to avoid them, and more effective ways to repeat.
- The power of slow for skill development.
- Only practise on the days that you eat.
- The quantity of effort.
- Sleep learning: If you (don't) snooze – you lose!
- The extraordinary power of mindsets and the curious thing about talent
- View the 4-minute video summary [here](#).

Individual registration AU\$49. Group discounts and site licences – significant discounts - contact Michael Griffin.

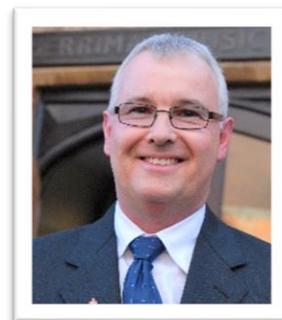
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Engaging and succinct, covering several topics related to effective and efficient learning. Supported by research findings and pertinent to our Year 10-12 students.

A fantastic opportunity for our students to feel empowered and take control of their learning. Students were able to recognise the role of self-motivation and being an independent learner. Our students were engaged from start to finish and embraced his methods on exceling further.

This was exactly what the students needed at the start of their A levels. The course got them thinking about how they work and about how they could make best use of their time to succeed at their goals. Focusing their minds on ensuring they know that they CAN achieve and supporting this with relevant examples was immensely powerful.

Michael Griffin is an educator, keynote speaker, author, conductor, and pianist.

Michael's professional development for staff, and enrichment lectures for students and parents, examine the factors that impact continuous improvement toward exceptional achievement. Indeed, Michael's books *Children and Learning – For Parents* and *Learning Strategies for Musical Success* investigate these concepts in detail providing pragmatic solutions for parents and teachers.

Michael has spoken to groups of staff, students, parents, corporate and community audiences in more than 500 settings in 30 countries throughout the world. He has been the Keynote or Consultant Speaker at several global education events including AMIS (Dubai), ECIS (Hamburg and Nice), AISA (South Africa), English Schools' Foundation (Hong Kong), International Educators Conference (Brunei), APEP Member Schools Conference (Thailand), British Schools of the Middle East Arts Conference (Dubai and Oman), QMA (Doha), AGEP (Switzerland), BSI National Conference (UK). He has been an invited guest at the New Horizons adult education program in New York State and consulted for Cambridge University Press on behalf of the government of Kazakhstan.

As a teacher, Michael taught for 25 years in government, catholic and independent schools, as a music teacher and faculty leader up to Deputy Head level. He has adjudicated at several choral eisteddfods and been guest conductor for major events including the Pemulwuy National Male Voice Festival, as well as events in Switzerland, Asia, Europe, and New Zealand. Michael is a winner of the South Australian Education and Arts Ministers' Prize and is listed in *Who's Who South Australia*.

As well as the aforementioned books, Michael is the author of a range of music education texts. As a pianist, numerous guest residencies include Dubai's iconic 7-star Burj al Arab and Australia's Hayman Island Resort on the Great Barrier Reef. Classical piano recordings include the compilations *Consolation* and *Shimmer*. Other musical highlights include several performances with the Dubai Philharmonic Orchestra, The Emirates Jazz Trio, and the honour of performing the Beethoven Ninth with the London Philharmonia at Royal Festival Hall, London.